



Every choice makes a difference

Separation/Divorce Workshops:
*Separation / Divorce: Exploring
 the Process (Options),
 Emotional Challenges, Effects
 on Oneself and on the Children*



Comment (reason for workshop):

If you are thinking or have separated or filed for divorce and feel confused about what to do next, what options you might have, what to expect, this workshop will provide you with general information regarding the Family Court Process as well as understanding your emotional challenges and how your choice of actions may affect your future well-being and impact on your children in a positive and healthy manner. This is an interactive workshop.

Who should attend this workshop? If you answer yes to any of these questions, then this workshop will be of interest to you.

- Do you feel confused as to what the Family Court Process is all about?
- Do you wonder if there are other options besides going to court?
- Do you feel that your emotions to your new situation/challenges seem to be overwhelming, confusing?
- Do you want to learn more effective ways of gaining a healthier attitude towards your life for the sake of your children?

What you will learn:

- What separation/divorce actually means when children are involved.
- Understand the basics of the Family Court Process. Understand what the legal terminology means.
- Know where you can go for assistance?
- Understand the different options available to you rather than the court litigation process.
- Impact separation/divorce may have on you, your co-parent, and your children.

Topics Discussed / Agenda:

- Explore some of the emotional turmoil you might be feeling and your children and what you can do.
- Explore what separation/divorce actually means when children are involved. From spouse to parental relationships.
- Review the legal terminology and the process of the Family Court.
- Explore options available rather than the court litigation process.
- Suggestions for navigating through life's challenges in order for you to gain a healthier attitude towards life and assist your children to develop in a positive and healthy manner.

Presented by two mediators and counselors who together have over 50 years of experience working with families:

Cindy Holovac Leithead, BA (Hons), M.C.A., Acc.F.M. (OAFM), C.P. Med., WPA

Counselling (Family, Couple, Individual, Anger Management) and Mediation Services

CINDIAIN RESOLUTIONS SERVICES,

"Every choice makes a difference"

And

Ruby Eversley Acc F.M. (OAFM), C.P. Med., Anger Management Counsellor, C.H.R.P.

Creative Solutions Consultation, Counselling and Mediation Services

"Creatively helping you find solutions to your issues"

Date: 1 Day Session: Monday September 26, 2011 Time: 6:30 p.m. to 8:30 p.m. Cost: \$ 75.00 + HST = \$ 84.75

Date: 1 Day Session: Monday November 7, 2011 Time: 6:30 p.m. to 8:30 p.m. Cost: \$ 75.00 + HST = \$ 84.75

Location: 3331 Bloor Street West, Suite # 105, (2 blocks east of Islington Subway) Etobicoke, Ontario M8X 1E7

Registration is required, as seating is limited: please phone Cindy at #: 647-988-9020

Email address: cindy.hl@sympatico.ca Website: www.cindaiinresolutionservices.com

Date: 1 Day Session: Saturday October 22, 2011 Time: 9:00 a.m. to 11:00 a.m. Cost: \$ 75.00 + HST = \$ 84.75

Date: 1 Day Session: Wednesday December 7, 2011 Time: 6:30 p.m. to 8:30 p.m. Cost: \$ 75.00 + HST = \$ 84.75

Location: 100 Matheson Blvd. East, Unit #204, (2 blocks east of Hurontario Street) Mississauga, Ontario L4Z 2G7

Registration is required, as seating is limited: please phone Ruby at #: 416-262-6085

Email Address: info@scsmediationspc.com Website: www.scsmediationspc.com

Cancellation Policy: Refund less \$25.00 Administration Fee with written notice of withdrawal received up to 5 business days prior to the commencement of the course. Otherwise, a credit towards another session will be given. No credit or refund after the course has started. Rescheduled sessions permitted at discretion of instructors.